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Dear Parents and Carers,

Mental Health & Wellbeing- Books to Support (Article 24)

Using books to support children’s mental health and wellbeing has been shown to have a positive impact for several reasons. Books that acknowledge or explore mental health issues can help to increase awareness, encourage dialogue, reduce stigma and develop understanding. Fiction texts may also help your child talk identify and recognise their emotions. This week we have compiled a series of websites that have book lists and recommendations to support Children’s Mental Health & Wellbeing.



Child Mind Institute	https://childmind.org/article/best-childrens-books-about-mental-health/
Books for Topics	https://www.booksfortopics.com/booklists/topics/pshe-emotional-literacy-citizenship/mental-health/
Love Reading 4 Kids	https://www.lovereadings4kids.co.uk/blog/anxiety-wellbeing-80-books-to-help-children-nurture-good-mental-health-6083
CAMHS	https://www.camhs-resources.co.uk/books1

Safeguarding- Safeguarding- Body Safety Rules (Article 19)

Please see attached a poster highlighting key body safety rules for children. Kindly, take some time to share and discuss this with your child.



Article of the Week- (Articles 24 and 33)

Article 24 Health and Health Services

Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy.



Article 33 Drug Abuse

Governments must protect children from the illegal use of drugs and from being involved in the production or distribution of drugs.



Picture News (Articles 17 and 15)

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that inspired by singer, Taylor Swift, who is in the midst of her world tour, one superfan, Devon, has made hundreds of friendship bracelets to donate to people in care homes.

This week’s question asks children: ‘What makes a good friend?’



Individual Liberty
Our words and actions can have both positive and negative impacts on others. We have the power to make choices that help our friends feel valued.

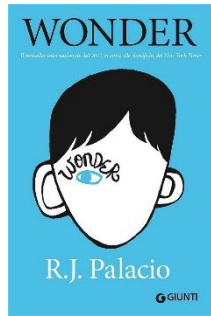
Protected Characteristics
Learning about and accepting the religions and beliefs of our friends can help us understand one another better and enrich our lives. Friendships can flourish thanks to both similarities and differences.

- Sex
- Religion or Beliefs
- Age
- Disability
- Gender Reassignment
- Marriage and Civil Partnership
- Pregnancy and Maternity
- Race
- Religion or Belief

UN Rights of the Child
We have the right to meet with friends and join groups. Governments should support children to nurture friendships and be part of groups or clubs that they enjoy.

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SETTING UP OR JOINING GROUPS

Book Review



Miss Javed - 'Wonder' by R.J. Palacio – 'Wonder' is a captivating novel that follows the story of Auggie, a young boy with a facial deformity, as he navigates the challenges of starting school and making friends. The book beautifully explores the themes of courage, friendship and acceptance. Through Auggie's journey, readers learn valuable lessons about empathy, kindness and the importance of looking beyond appearances. Throughout the story, readers are inspired to be more compassionate and understanding towards others.

Emaan F 5J - Chime Seekers by Ross Montgomery – Brimming with creativity, the unexpected twists and turns that were scattered throughout this novel really engaged me in the magical myriad of madness. From fairies and wizardry to the world falling apart, it intrigues the reader with fantasy and comedy that the majority would enjoy.



Essex Fire Museum

Essex Fire Museum have their next family open day on Sunday 30th June. There will be opportunities for families to get involved in history trails around the museum, spot hazards in our fire safety room, partake in craft activities and a sit on our fire engines and squirt water!

The museum is free entry but visits are by appointment only as they are on the site of an operational fire station. If families are interested, please email museum@essex-fire.gov.uk informing them of the number in your group and the time you would like to arrive.



Holiday and Food Clubs

HAF is the official Holiday Activities & Food programme funded by the DfE (Department of Education). The aim of this much needed service is to provide eligible children access to many character-building experiences. HAF is available for 4 weeks in the Summer holidays.

HAF is free for children in reception up to Year 11 who receive benefits related to free school meals (FSM). For more information, visit:



https://find.redbridge.gov.uk/kb5/redbridge/fsd/family.page?familychannel=1_1_13

Please also find details of Mega Mix sessions, which all can attend: <https://visionrcl.org.uk/holidaymix/megamix/>

Year 1 visit to Colchester Zoo

As part of their topic on 'Animals' Year 1 visited Colchester Zoo. They had a great time exploring different animals and their habitats.



Reception visit to Barleylands Farm

Reception had a fun day looking at and petting the different animals at Barleylands Farm, in Billericay. They also participated in baking sessions.



Poetry
Retreat
2024

What is Going on at Glade?

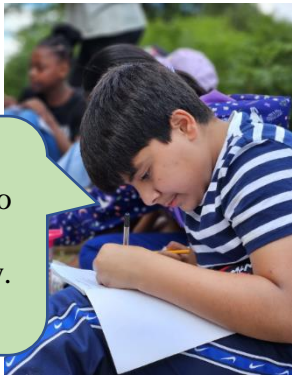


I wrote a poem about a fallen tree. Hannah 5K

36 children from Years 3- 6 took part in the residential to the New Forest for this year's Poetry Retreat.

Best way to end our time at Glade. Armelio 6B

I enjoyed using nature to inspire us in writing poetry. Hadi 5J



I wrote a poem about a stone that I found. Shadrach 4W



In teams, we created homes for mythological forest creatures.



Our ode to an old tree. India 3S



We used nature to inspire our artwork. Aahil 5J



We had our own Sports Day in the New Forest. Jacob 3A



It was truly a memorable experience, where children made friends with children from other year groups. Nature enabled them to be at their creative best.



Sports Day 2024

Children from Reception to Year 6 had fun in the sun last week during our annual Sports Day. Fantastic sporting skills and wonderful examples of sportsmanship were on display across all year groups. Special thanks to teachers for your help practising for the events, parents - for your support on the day, Mr Crouch- for the music and keeping score and to our wonderful PTA for the ice lollies the children received afterwards.

A big thank you to Ms Craggs for organising a successful Sports Day.

Well done to everyone who participated and made sports Day 2024 a success.

Congratulations to Hedgehogs!

1st	Hedgehogs	328 points
2nd	Owls	300 points
3rd	Foxes	266 points
4th	Squirrels	264 points



KS1 Race Results

Race	1st	2nd	3rd
Reception girls	Lienna RM	Anastacia RM	Gavrina RM
Reception boys	Ayoub RM	Ibrahim RQ	Kaiyan RM
Year 1 girls	Joanne 1M	Hana 1S	Zara 1S
Year 1 boys	Paul 1M	Mikolaj 1S	Adem 1M
Year 2 girls	Khadijah M 2M	Laana 2R	Shari 2R
Year 2 boys	Zayn F 2M	Zayn A 2R	Aaban 2M
Fastest girls in KS1	Shari 2R	Khadijah M 2M	Laana 2R
Fastest boys in KS1	Zayn A 2R	Zayn F 2M	Paul 1M
Teacher's Race	No results recorded	No results recorded	No results recorded
Dad's Race Heat 1	Mikaeel and Zidan's dad 1M/1S	Nayel's dad RQ	Amina's dad RQ
Dad's Race Heat 2	Sarai's dad 2M	Adam S's uncle	Salli's RM
Mum's Race	Sarai's mum 2M	Zak V's mum 1M	Adem's mum 1M

KS2 Race Results

Race	1st	2nd	3rd
Year 3 girls	Paisley	Arfa	Naila
Year 3 boys	Monasser	Arjan	Rohan
Year 4 girls	Theresa	Eliza	Zara
Year 4 boys	Jayden	Jared	Bradley
Year 5 girls	Olivia	Iba	Aamala
Year 5 boys	Janaid	Aaron	Aarav/Ali
Year 6 girls	Osarugue	Mya	Mercy
Year 6 boys	Noel	Daniel	Aiden
Fastest girls in LKS2	Eliza 4M	Theresa 4M	Paisley 3S
Fastest boys in LKS2	Jayden 4W	Jared 4M	Bradley 4M
Fastest girls in UKS2	Osarugue 6B	Olivia 5K	Mercy 6B
Fastest boys in UKS2	Daniel 6JM	Noel 6B	Aaron 5K
Teacher's Race	Ms Bobat 6B	Miss Sohail 3S	Miss Mirza 6JM
Dad's Race	Arfa Choudry's dad 3S	Aleena's dad 4W	Samah's dad 3S
Mum's Race	Isla's mum 6B	Ayaan's mum 4W	Mya and Jayden's mum 6JM/4W

Attendance (Article 28)

Pupils with good attendance are more likely to do well at school. When pupils miss school, even if the time period is very short, it can lead to gaps in their learning which might make future lessons more difficult for them.

Well done to **Nursery** for the highest attendance!
Our whole school attendance target remains **96%**.

Year group	W/B 17.06.24
Nursery	99.37%
Reception	90.51%
Year 1	89.17%
Year 2	89.07%
Year 3	87.12%
Year 4	93.00%
Year 5	92.00%
Year 6	90.55%
Whole School	91.34%

Awards

Well done to the following children:

Silver Merit	Gold Merit	Platinum Merit
5J- Ariana	3S- Isabella and Arya 4W- Zoha, Amelia, Jack, Maryam and Ibrahim.	4W- Nusaybah

Stars of the Week- Article 29



Stars of the Week	
Nursery AM- Zohan	Nursery PM- Horeezah
RQ- Ariana	RM- Sawab
1M- Elliott	1S- Safa
2R- Raiyaan	2M- Serene
3A- Arjan	3S- Arya
4W- Amalia	4M- Felicia
5K- Arsema	5J- Maryam
6JM- Eiliyah	6B - Billy

Writers of the Week- Article 29



Star Writers	
RQ- Alisha	RM- Ahmed
1M- Zakariyya B	1S- Kumail
2R- Annie	2M- Mira
3A- Naila	3S- Arfa
4W- Nusaybah	4M- Musa
5K- Zahaa	5J- Nicole
6JM- Hamzah	6B - Subhaan

Mathematician of the Week- Article 29



Mathematician of the Week	
RQ- Ibrahim	RM- Emma
1M- Joanne	1S- Cilian
2R- Inaya	2M- Lincoln
3A- Maryam B	3S- Samah
4W- Ibrahim	4M- Shahmeer
5K- Olivia	5J- Aahil
6JM- Shuaib	6B - Ciara

Yours Sincerely,

F Hussain

Mrs F Hussain
Headteacher

