

Thursday 20<sup>th</sup> October 2022

Dear Parents and Carers,

## **Mental Health & Wellbeing- Article 24**

With the recent concerns over rising costs and inflation, life has suddenly become more worrying and stressful for us all. We strongly believe that we all need a little bit of Mindfulness in our lives! I have been giving it a go, at first it is not as easy as it seems and I think that truly switching off for a few minutes is a skill that we should all make time to learn. There has never been a time when we have needed this more!

Here is a link for a series of Mindful Meditations clips **for children**:  
<https://cosmickids.com/tag/zen-den/>

Here is a link for Heartfulness Meditation with videos **for adults**:  
<https://www.heartfulness.uk/>

## **Safeguarding- Cyber Security**

Do you have your name and date of birth as a password?

At Glade, we teach children about having secure passcodes for Coding and as well for E-safety. It is really important for parents and children to have conversations about this. Internet Matters have put together a really good, simple article so that parents can learn more about cyber security which you can access using this link:

<https://www.internetmatters.org/resources/what-is-cybersecurity/>

## **Social Media Etiquette- Article 16**



Social Media Etiquette or netiquette is essentially a loose and continuously evolving set of rules governing online communication behaviour. It addresses maintaining one's own and others' dignity, respect and privacy. Good social media etiquette means you should always request permission before tagging anyone.

At Glade, we seek permission from parents/ carers before sharing images of their children on our social media pages. It has come to our attention, that some parents are copying images from our website/ Facebook page and sharing on their social media pages. If you do share our images, showing photos of your own child, please ensure that you conceal the identity of other children in that picture, by adding a sticker/ emoji over their faces.

## **Article of the Week- Article 16 (Right to Privacy)**

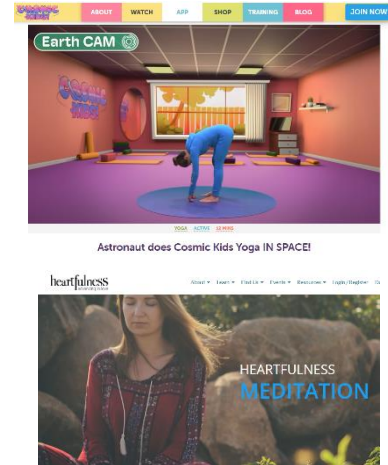
Every child has the right to privacy. The law should protect the child's private, family and home life, including protecting children from unlawful attacks that harm their reputation.

This week, children explored why privacy is important to them.



## **Jeans for Genes Day**

Thank you for your generosity on Jeans for Genes day. We raised £279.82 This will support research into genetic conditions. I think you will agree that our pupils look super cool in their casuals!



## **REFLECTION**

Give yourself some time and space – a moment of privacy! Have a think about the following questions:

- Why is your privacy important to you?
- What do you do to respect other people's right to privacy?
- What other rights are connected to the right to privacy?

**Picture News- Articles 17 and 31**

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt all Lidl chocolate bunnies are to be melted following the Federal Supreme Court of Switzerland’s ruling, agreeing that they are similar to Lindt’s own bunny-shaped chocolate treat.

This week’s question asks children: ‘If we do something wrong, who should decide the consequences?’

**Diwali Themed Lunch.**



Staff and children thoroughly enjoyed the Diwali themed lunch, thanks to our caterers, ISS.

We wish you a joyous and prosperous Diwali 2022! Hope the festival of lights brings your way bright sparkles of peace, contentment, joy, and happiness which stay with you throughout this year and also in the years to come.

**Outdoor Learning- Nursery**

This week in Nursery, we looked at all the autumn changes we could see. We loved all the different coloured leaves. We also learnt all about Diwali. Mrs Gadhvi told us all about how she celebrates Diwali. We then made our own Rangoli patterns outside using, leaves, sticks, chalks and different coloured sand.



**Well done, Isiah and Mrs White!**

A huge well done to Isiah in Year 3 and his grandmother, Mrs White, for taking part in the Memory Walk to raise money for Alzheimer's Society supporting people affected by dementia now and in the future.



**Times Tables Rock Stars- Article 29**

Well done to 5A for winning the year group TT Rock Star competition. It was wonderful to see some healthy competition between the two classes. An extra shout out to these children who made significant contribution to their class results.

1st Noel	1st Zubayr
2nd Shuab	2nd Daniel
3rd Osargue	3rd Basim

## Attendance- Article 28

Regular school attendance is an important part of giving children the best possible start in life. The aim should be to attend 100% of the time. Pupils who miss school frequently can fall behind with their work and do less well in exams.

Well done to **Years 4** for the highest attendance, last week!

Year group	W/B 10.10.22
Nursery	95.29%
Reception	96.03%
Year 1	93.57%
Year 2	94.56%
Year 3	91.36%
<b>Year 4</b>	<b>98.87%</b>
Year 5	96.84%
Year 6	92.88%
Whole school	94.83%

## Awards

Congratulations to the following children:

<u>Bronze Merit</u>	<u>Silver Merit</u>
RM- Callum, Joanne, Sophia and Zidan RQ- Amber 4N- Olivia and Anian 4W- Diyen, Ameila, Oliver, Rajveer and Ravya 5A- Shreya and Osarague 6D- Yusuf, Simran, Saarah, Priya and Vanesa 6S- Sky	5U- Arham, Jessica, Arfa, Zubayr, Huzaifah, Aiden, Paisley, Safwan, Riyah, Daniel, Stanley and Veer. 6D- Michelle, Sameeha and Gabriella
	<u>Pen Licence</u>
	4W- Zohaana and Fatimah

## Stars of the Week- Article 29

Well done to the 'Stars of the Week'



<u>Stars of the Week</u>	
Nursery am- Yaqoub	Nursery pm- Salli
RQ- Malachi	RM- Dawoud
1C- Gracie-May	1S - Can
2R- Maryam M	2M- Millie K
3H- Nawful	3A- Maryam
4N- Ellay	4W- Fatimah
5A- Isla A	5U- Stanley
6D- Vanesa M	6S- Safaa M

## Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'

<u>Star Writers</u>	
1C- Khadijah Y	1S - Samuel
2R- Nischal	2M- Zainab
3H- Amelia	3A- Janna
4N- Usman	4W- Aahil
5A- Osarague	5U- Basim
6D- Zaviyar	6S- Mueez

We wish you a restful half-term break. Happy Diwali to everyone celebrating next week.

We look forward to seeing the children back on **Tuesday 1<sup>st</sup> November 2022.**

Yours Sincerely,

*F Hussain*

Mrs F Hussain  
Headteacher

