

Thursday 15<sup>th</sup> December 2022

Dear Parents and Carers,

### Mental Health & Wellbeing- Article 24

The festive season is not always the most wonderful time of the year. For some people, December is a month filled with festivity, family and fun but for others, this time of year is filled with pressure. Pressure to act merry and bright, pressure to participate in social events, added financial pressures and expectation from our children.

Advice on things you can do to ensure you still enjoy the festive period this year, but also look after your mental health:

- Take time out for yourself.
- Get back into your sleep routine.
- Exercise for your wellbeing.
- Try to relax.

We know only too well that our problems do not just magically disappear in December, so please follow the link below to find resources to help you enjoy the festive season as much as you can:

<https://www.youngminds.org.uk/young-person/blog/looking-after-your-mental-health-at-christmas/>

### Safeguarding- Article 3

Children love the magic of Christmas but for some, it is not a happy holiday to look forward to at all. For some children and their families, there is no sparkle in the December festivities because it isn't filled with happiness, family and friends, joy and peace. The sad reality is, Christmas can be a time when some children struggle to cope with being ignored, bullied and abused.

**Safeguarding is the responsibility of everyone** and at this time of year, we have to be extra-vigilant and offer support where we can and be proactive where we suspect or see the signs of abuse and neglect and seek the help of the police and social services. The **rights of the child** come first and all children have a right to protection from violence, exploitation, abuse and neglect.

**Children have a right to feel safe and secure** wherever they are spending their Christmas and, as Article 3 of the UN Convention on the Rights of the Child says, their best interests should always be kept as our central consideration. All children should have the love, support and opportunity they need to reach their potential. Here are some support numbers for anyone who may need it:

- The NSPCC are here to help 24/7 and children can call their ChildLine number on 0800 1111.
- Help for adults concerned about a child can call 0808 800 5000.
- Shout is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258.

### Article of the Week- Article 14

Article 14 (freedom of thought, belief and religion)- Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.



### What I can control and what I can't



## Picture News- Article 17

Through the weekly Picture News assembly, children learn about our world, develop independence, resilience, respect and unlock their own drive and passion for learning. The weekly Picture News is shared on our website:

<https://www.glade.redbridge.sch.uk/newspictures>

Please spend some time asking your child about what they have learnt and discussed during their Picture News session. Each week, there is a link to British Values and the UN rights of a child. In the story this week, children learnt that NASA officials have recently announced that humans could live on the Moon during this decade.

This week's question asks children: 'What would it be like to live on the Moon?'



**UN Rights of a Child**

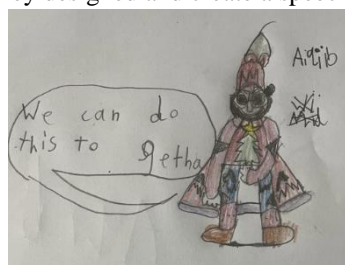


We can choose our own thoughts and opinions about anything, including visiting the Moon, but this should not stop other people from enjoying their rights.



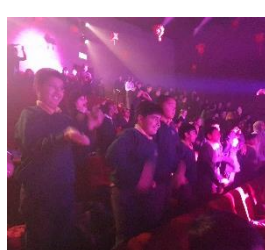
## Year 1 Handwriting Workshop

Last week, children in Year 1 participated in live session arranged by National Premier League, with illustrator, Nick Sharatt. They enjoyed making illustrations of the characters for their own books. Nick also encouraged children to portray different personalities of the characters they designed and create a speech bubble using their writing skills.



## LKS2 Panto

The LKS2 children thoroughly enjoyed their trip to the pantomime 'Aladdin' at the Kenneth Moore Theatre. This trip was linked to both year groups' oracy and English work this term and also offered them a cultural capital enrichment opportunity. Our thanks to those parents who supported us with this trip.



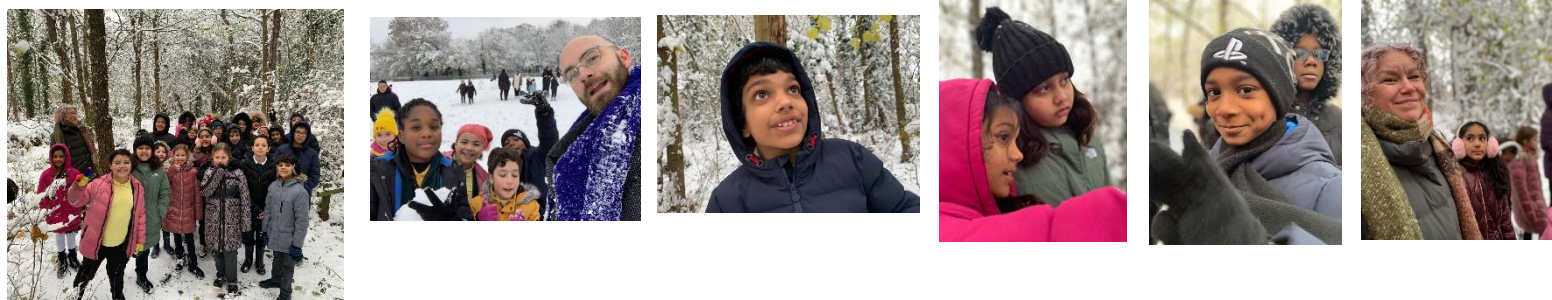
## It's Snow-Fun!

Thank you to our caretakers, Mr Suttlng and Mrs Warry who worked very hard in the freezing cold to ensure our school grounds were safe for us to open. Thank you to parents and carers who sent their children in to school in appropriate footwear and clothing. We started the day off with whole school snow games, which started off with building snowmen but ended up by throwing snowballs at one another! Children (and staff) had great fun! These are some of the happy memories we want our children to have when they look back at their time at Glade.



## Year 5 Creative Writing in the Forest

Children in Year 5 made the most of the snow by working with Jonny Walker and Jo Castro from OtherWise Education, writing poetry in the forest. It was Jonny's last day with us; we hope to see him later in the Spring or Summer term in 2023.



## Alice in Wonderland

A massive well done to our LKS2 children who performed 'Alice in Wonderland,' accompanied by the amazing music from the London Symphony Orchestra. Thank you to all the adults who helped in the success of this performance. The children were fabulous!



## KS1 Christmas Choir

Children in Year 1 and 2 played musical instruments and sang beautiful Christmas songs in their Christmas jumpers. These have been recorded and will be shared on our school website, next week.



## Christmas Lunch and Christmas Jumper Day

Children had a wonderful Christmas meal and enjoyed sharing the experience with friends and teachers.



### Attendance- Article 28

We want all children to have the best possible attendance at school to enable each and every child to reach their full potential.

Last week's attendance is once again lower than usual due to high level of illness.

Well done to **Year 6** for the highest attendance.

Year group	W/B 05.12.22
Nursery	68.64%
Reception	78.47%
Year 1	83.68%
Year 2	89.83%
Year 3	88.83%
Year 4	86.77%
Year 5	82.11%
<b>Year 6</b>	<b>91.67%</b>
Whole school	85.24%

### Times Tables Rock Stars

Position	Class	Top of the Leader Board
1st	5A	Noel
2nd	4W	Ali
3rd	5U	Zubayr

### Awards

Congratulations to the following children:

<u>Bronze Merit</u>	<u>Silver Merit</u>	<u>Lexia Awards</u>	
RM- Aslan RQ- Hana, Kiara, Zainab, Isa, Pragun, Martin, Ahmed, Malachi and Israel 1S- Ameerah 2M- Millie K 3A- Aleena, Anaye, Ebube, Janna, Viyan and Isaiah 3H- Ayaan, Ibrahim and Parmeet 4N- Aarav, Iba, Wasi, Aurora, Arsema, Faria, Mohammed and Satyam 5A- Jayden ,Armelio and Chenaya 5U- Riya 6D- Neil	RM- Joanne 1S- Deen 3A- Arthav 4N- Ellay and Aaron 4W- Isabella, Musa, Oliver and Raihan 5A- Subhaan and Osarugue	2M- Millie 4W- Oliver 4N- Aaron 5A- Khusi and Billy 5U- Darcey 6D- Esther and Dhruv 6S- Safaa	
<u>Reading Rockets</u> <u>Bronze</u>	<u>Reading Rockets</u> <u>Silver</u>	<u>Free Reader</u> <u>Award</u>	<u>Special Award</u>
2M- Hana	1S- Olivia	4W- Joshua	Jack

## Stars of the Week- Article 29

Well done to the 'Stars of the Week'



Stars of the Week	
Nursery am- Omar	Nursery pm- Salli
RQ- Ahmed	RM- Savannah
1C- Xavier	1S - Twahir
2R- Prince	2M- Aren
3H- Shahmeer	3A- Zain
4N- Aarav	4W- Maryam
5A- Amelia	5U- Riyah
6D- Selina	6S- Annie

## Writers of the Week- Article 29

Congratulations to our 'Writers of the Week'

Star Writers	
RQ- Hana	RM- Safiyah
1C- Lincoln	1S - Raiyaan
2R- Zunayrah	2M- Deyan
3H- Raifa	3A- Maryam B
4N- Noor	4W- Ravya
5A- Aleeza	5U- Mya
6D- Priya	6S- Elizabeth

## Key Dates

Monday 19th December- Singing for Syrians- Parents of KS2 Choir are invited.

Monday 19th December- Class Christmas Parties.

Tuesday 20th December- Christmas presents given to children.

Tuesday 20th December- Last day of term: half-day. Reception and KS1 finish at 1.15pm, KS2 finish at 1.30pm. There will be no PM Nursery.

Thursday 5th January- School opens for all children.

## Happy Hanukkah

On the occasion of Hanukkah, I wish that your home is blessed with love, laughter, joy and lights for years to come. Warm wishes to our families who are celebrating Hanukkah.



Yours Sincerely,

*F Hussain*

Mrs F Hussain  
Headteacher



Artsmark  
Silver Award  
Awarded by Arts  
Council England

